

UK CHUNG DO KWAN TAEKWONDO



GUIDELINES FOR DEALING WITH AN INCIDENT/ACCIDENT

These are the recommended guidelines of **UK Chung Do Kwan Taekwondo** and are to be adopted and implemented in all member clubs and organisations

GUIDELINES FOR DEALING WITH AN INCIDENT/ACCIDENT



- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying.
- Alert the first aider or appointed person who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services.
- Deal with the rest of the group and ensure that they are adequately supervised.
- Do not move someone with major injuries. Wait for the emergency medics.
- Contact the injured person's parent/carer.
- Complete an incident/accident report form that should be available at each location for each club.